



47th Annual
CROSS CULTURAL CONFERENCE
REGISTRATION

FEBRUARY 20-23, 2025 • SUMMERVILLE, SOUTH CAROLINA

*The Time is Right
for Shaping Tomorrow Together*

Mid-Carolina AHEC, Inc.
Member of South Carolina AHEC



"Excellence in Health Care Through Education"

www.crossculturalactioncouncil.org



LOWCOUNTRY
CONFERENCE
CENTER



Introducing the Lowcountry Conference Center



CONFERENCE GOAL The Conference is designed to provide participants with the knowledge, skills and networking opportunities that will enhance the delivery and effectiveness of services in their respective professions.

WHO SHOULD ATTEND This conference is designed for persons working with diverse cultural groups including but not limited to: students, social workers, nurses, professional counselors, psychologists, physicians, attorneys, law enforcement, policy makers, educators, members of the clergy, criminal justice professionals, as well as other interested personnel.

CONTACT HOURS AND CONTINUING EDUCATION Mid-Carolina AHEC Inc. is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This continuing education activity, approval #1212-031-PR-305, is approved for nursing, social work, and general hours. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

STUDENT LEARNING INSTITUTE

FEBRUARY 22, 2025

Returns

Tiffany Hollis, Ph. D.
Student Academy Director



REFLECTIONS FROM PAST STUDENT ATTENDEES!

SHATREIA DOTSON

Major: Sociology | Minor: Criminology | She/her/hers | Senior (May 2023)

☞ *While at the conference, I had the opportunity to introduce the keynote speaker. I appreciated introducing the keynote speaker, but the best part was my conversations with her and other women who now stay in contact with me. When those who have never seen you believe in you, it helps the marathon seem a little shorter. I needed the Cross Cultural Conference; it helped me understand the importance of self-care, networking, and moving at your own pace. I learned different methods and tools that I could use so that I would not experience burnout. I needed the unconditional support given. If it weren't for the sponsorship for the Cross-Cultural Conference, I would not have been able to experience the networking opportunities.* ☞

ADONYA PERTELL

Majors: Psychology; Sociology with a Concentration in Social Justice
Minors: Women and Gender Studies; Criminology | She/her/hers | Senior (May 2023)

☞ *This year was the second time I was able to attend the Cross Cultural Mental Health Conference and engage with the Student Academy. I have gained knowledge and perspective about the social services field that I would not have gathered without attending this conference. Each year has been insightful and engaging. I thoroughly enjoyed my time at the conference and feel honored to have the opportunity to be funded to attend the conference with my peers. It is a space where we can physically get a glimpse of us having the possibilities to be and thrive in certain professions. I love how the Student Academy, and the conference in general has sessions that go beyond the logistics of being in the mental health field. I learned how to protect my peace and navigate through spaces in order to show up in the profession as my best self so I can give that to others. The networking opportunities that the conference provides for us as students is amazing, and I am truly grateful for the experience.* ☞

ALEXIS DALY

Psychology Major
Languages and Intercultural Studies Minor
Senior May 2023

☞ *I would like to briefly reflect on things from the presentations that stuck with me. Dr. Mary Rawls spoke of compassion fatigue, which is a subject that I had heard about but had little knowledge of. It is present in those working in helping professions and definitely something to look out for. Dr. Jones left us with the advice to "act like you are supposed to be here" which stood out to me.* ☞

*A full day of workshops and networking opportunities designed for our future leaders!
This is an amazing opportunity your students will not want to miss.*

ONE DAY STUDENT REGISTRATION \$35 | FULL CONFERENCE STUDENT REGISTRATION \$110

2025 CONFERENCE AGENDA

THURS.
FEBRUARY
20TH

CONFERENCE REGISTRATION OPENS 1:00 PM

PRE-CONFERENCE WORKSHOPS

2:00 – 3:30

**The Role Of The Faith Community
In Healing a Broken Society (NO CEUs)**
REV. DR. ZACKARY R. JOHNSON, LTC (RET.)

Centered around 21st century discipleship, this session will focus on strategies that enable a multicultural Faith Community to participate in the healing of a broken society. There will be a focus on reaching new generations utilizing a "narrative teaching and preaching" methodology. There will also be a focus on the importance of integrity, humility, transparency, as well as individual and collaborative responsibilities.

2:00 – 3:30

The Complex Connection Between Incarceration & Mental Health
DEVIN L. RANDOLPH, PH.D.

*Assistant Professor at the University of South Carolina
Founding Director of Environmental and Social Justice
at Voorhees University*

NAKISHA S. RANDOLPH, LMFT

*Trauma Recovery Therapist at the Veterans Affairs
Founder of Anthropos Counseling and Consulting, LLC*

This interactive session is designed to provide participants with an in-depth exploration of the multifaceted relationship between incarceration and mental health. It examines the carceral impact on the mental well-being of individuals within the criminal justice system and delves into the broader societal implications. Additionally, it will examine strategies for mitigating the adverse effects of incarceration on mental health and addresses policy and advocacy efforts in this critical field.

3:30 – 5:00

**From the Pastor's Desk: An Analysis of the African American
Pastor and the Church Addressing Mental Health Issues and
How Clinicians can Formulate a Partnership**

MILDRED D. WILLIAMS, PH.D., MA., MA.

Southern Wesleyan University

The Black clergy is therefore perceived as one of the most respected leaders in the African American community. Because the Black Pastor and the church is grounded in the community, many will go to their pastor before seeking professional help for any mental health conditions. This workshop will examine and assess the historical context of the Black Clergy and the Black Church and determine the importance of its role when it comes to serving those with a mental illness within the church. We will examine the importance of clergy and clinical collaboration, thus supporting the clinician who serves the Black client.

3:30 – 5:00

Houston, we have a problem...Now what?
Managing Crises From Beginning to End, or Transition
STACEE M. ROWELL MSW, LISW-CP/S, ACSW

*Mobile Crisis Program Manager, Community Mental Health Services
SC Department of Mental Health*

This workshop will help attendees to identify signs that may indicate an individual is in crisis and learn how to either provide interventions or make referrals and access resources to address the individual's needs.

5:30 – 7:00

Panel Discussion

FRIDAY
FEBRUARY
21ST

8:00

8:30 – 9:45

SPEAKER

REGISTRATION OPENS OPENING PLENARY

ROCHELLE R. CATON, J.D.

*SC Department of Mental Health
Director, Office of Patient Advocacy*



10:00 – 11:45

CLINICAL TRACK

CONCURRENT WORKSHOPS

**Mental Health Challenges Within The African American
And Other Marginalized Communities:
A Need For More Contextualized Models of Care**
DR. ASA BRIGGS, DNP

Briggs Psychiatry and Behavioral Health

This workshop will explore the critical need for more contextualized mental health care models that are culturally relevant, community-centered, and sensitive to the lived experiences of African Americans and other marginalized groups.

POLICY TRACK

**Understanding Multi-Marginalization: Disability,
Mental Health & Personal Violence in the Queer Community**
MARY TRUNK

Victim Service Provider, Able SC

This presentation examines the intersection of disability, mental health, substance abuse, and experiences of violence within the LGBTQ+ community in the United States. Using data from various sources, including SAMHSA, Mental Health America, and The Trevor Project, the presentation reviews the disparities in health outcomes and experiences of violence among LGBTQ+ individuals. Strategies for improving health outcomes will be discussed after examining the disparities faced by disabled members of the LGBTQ+ community.

FAMILY /
COMMUNITY TRACK

Nurturing The Spirit of the Child
JACKIE HENNAGAN-GADSDEN

This workshop is focused on building survivor skills that assist children in navigating their life despite the impact that neglect, abuse, and pain became life-altering for them. When we think of the spirit of the child, we tend to believe that the process is religious, but this spirit is different. The question is, how do we identify this spirit in them and how can we build it? When children experience traumatic experiences, they struggle in creating relationships, loving themselves and lacking vision for their life.

12:00 – 1:45

PRESIDENT'S LUNCHEON

SPEAKER

EDWARD SIMMER, MD, MPH, DLFAPA

Director, South Carolina Department of Public Health



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

**Supervising the Traumatized Therapist:
Practice and Ethics of Trauma-Informed Clinical Supervision**
JILL CROSSGROVE, LPC, LPCS, LAC, LACS, CS
Columbia Area Mental Health Center

The decision to enter the mental health treatment field is nearly always influenced by one's direct or indirect experience with trauma. While these experiences can enhance skills and understanding, trauma can also negatively impact how a clinician functions and increases their susceptibility to vicarious trauma, secondary post-traumatic stress, and burnout. Standing on the premise that counselors need counselors, we will examine the role of clinical supervision in promoting resiliency and self-care. Issues related to the ethics of self-disclosure and impairment will also be discussed.

POLICY TRACK

**Enhancing Inpatient Substance Abuse Services
and Emotional First Aid Recovery**
DR. HELENE GUESS-GOLDSMITH, ED.D, LPC, LPC/S, MAC
SC Vocational Rehabilitation Palmetto Center

The growing need for effective substance abuse treatment and emotional support in recovery highlights the importance of advance knowledge and skills among healthcare professionals. This session aims to address these needs by providing comprehensive insights into inpatient substance abuse services in the state of South Carolina and the role of emotional first aid in recovery process.

FAMILY / COMMUNITY TRACK

Tools, Tips and Techniques For Working With Young Patients
JAMEION B. FOWLER, LISW-CP, LCSW

There are many barriers that can get in the way of progress when working with children and youth. This workshop aims to discuss methods and techniques that can be used to keep the child and the family motivated for continued treatment and to buy into the process of improvement and healing.

4:00 – 5:30

CONCURRENT WORKSHOPS

**Caring for the Caregiver: ways the faith community
can assist caregivers and extend lives through respite**
TOY PILOT, C Respite Coalition
PEG LAHMEYER, The ARC of SC
BONNIE BANKS, Medical Ministries
KAY TAYLOR HIGHTOWER, ESQ., Respite Coalition

Respite is a short break from the duties of caregiving. It offers caregivers the opportunity to recharge and address their own mental health needs by affording them the ability to take a short break from caregiving. This session will teach attendees about respite resources and highlight innovative ways that some places of worship are addressing the need for respite and other types of mental health support for their congregants and the communities at large. (NO CEUs)

4:00 – 5:30

A Discussion on Marginalization
GAYE M. DOUGLAS, DNP, MED, APRN-BC
Pee Dee Mental Health Center

This workshop will discuss the role of marginalization on social and health factors. Attendees will be able to recognize the link between social determinants of health and marginalization.

CLINICAL TRACK

**Bridge Building Through Recognizing and Responding to Microaggressions in Mental Health and Human Services
Part I**

THERESA PALMER, PHD, MSW, LCSW, LMFT

*Clinical Associate Professor & Director,
3-Year Winston-Salem MSW Program*

This training focuses on expanding our ability as mental health and human service professionals to more readily recognize when unintentional microaggressions can occur. We will examine ways in which microaggressions can harm individuals and strain relationships. We will also consider the various roles we may play in such encounters, whether as someone who is targeted by, commits, or witnesses a microaggression. Because microaggressions are an inevitable part of being human, recognizing and responding to them are an essential professional skill.

POLICY TRACK

Ethics, the Media, and You

SARA J. ENGLISH, PHD LMSW CPG

*Winthrop University, Coordinator, Gerontology Program and
Assistant Professor of Social Work
NASW-SC Representative for the SC Department on Aging
Alzheimer's Resource Coordination Center Advisory Council*

Media informs us. It can also misinform us, our colleagues, our clients, and our communities. This workshop will examine various forms of media and misinformation, as well as ways to leverage it in our work, as we focus on ethical challenge and change in our brave, new world.

**FAMILY /
COMMUNITY TRACK**

Disabilities across Correctional Settings

LESLIE WOFFORD, M.ED., PH.D.

*Clinical Assistant Professor Counseling and
Psychological Services
Georgia State University*

Correctional systems are full of individuals with chronic illnesses and/or disabilities. Many enter with health issues; however, some individuals acquire their disabilities while incarcerated. This workshop will discuss disability and chronic illness prevalence across various correctional systems. Content covered will include information on disability statistics, correctional system protocol, correctional care, and reentry challenges.

CLINICAL TRACK

**Bridge Building Through Recognizing and Responding to Microaggressions in Mental Health and Human Services
Part II**

THERESA PALMER, PHD, MSW, LCSW, LMFT

*Clinical Associate Professor & Director,
3-Year Winston-Salem MSW Program*

This training focuses on expanding our ability as mental health and human service professionals to more readily recognize when unintentional microaggressions can occur. We will examine ways in which microaggressions can harm individuals and strain relationships. We will also consider the various roles we may play in such encounters, whether as someone who is targeted by, commits, or witnesses a microaggression. Because microaggressions are an inevitable part of being human, recognizing and responding to them are an essential professional skill.

POLICY TRACK

Trauma Informed Care: It Really Does Matter

SHANNON SCOTT, BSN, RN, SANE-A, SANE-P, FN-CSP.

Forensic Nurse Examiner Program Coordinator

McLeod Regional Medical Center

This workshop will define trauma and trauma informed care and the core concepts of TIC and the elements of a trauma informed environment. This workshop will also examine the neurobiology of trauma and its implications.

FAMILY / COMMUNITY TRACK

"Beyond Competency: Working with LGBTQ+ Clients in an Ever-Changing Cultural Landscape"

CHANDLER MASSENGALE, LCSW, *We Are Family*

SARAH HARBIN-COLEMAN, LPC, *Park Circle Counseling*

With the rise in acceptance and affirmation for LGBTQ+ clients in the medical and mental health worlds, we meet professionals every day who want to offer true inclusivity but who are unsure where to start or whether they are "doing it right." Join Chandler and Sarah as they utilize both lived and professional experiences to help answer questions, provide resources, and give insight into the daily lives of LGBTQ+ clients and providers.

12:00 – 1:45
SPEAKER

OTIS A. CORBITT LUNCHEON

JUSTIN L. PERRY, MSW, LCSW, LCAS



2:00 – 3:45

CONCURRENT WORKSHOPS

CLINICAL TRACK

How to Effectively Utilize Behavior Modification Techniques

ASHLIN BLUM, LISW-CP, BCBA

Empowered Family

Behavior modification techniques are used to change or eliminate undesired behaviors by altering the consequences that follow those behaviors. While these techniques can be effective, there are some common myths and facts to be aware of. This workshop will address those myths and facts to provide an understanding of how to effectively apply these techniques, in order for behavior change to occur in meaningful ways.

POLICY TRACK

Cultural Belief Integration in Addiction Counseling

AUBREY L. SEJUIT, PHD, LISW-CP, LPC-A, LCAS, MED

This presentation will provide learners an overview of drugs and alcohol while also looking at adolescents with SUD, trends and fun facts in addictions, and policies pertaining to drugs and alcohol.

FAMILY / COMMUNITY TRACK

"Called Me Crazy: How OCD is Dangerously Misdiagnosed and How to Recognize It."

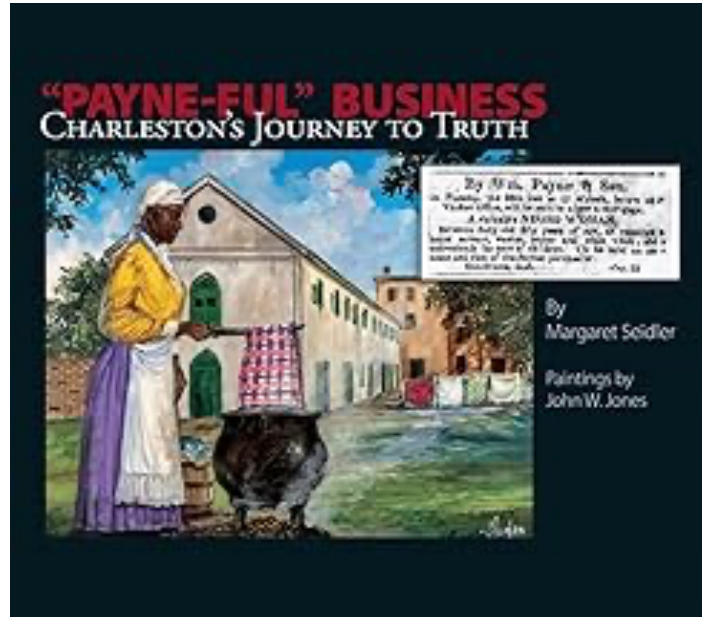
SARAH HARBIN-COLEMAN, LPC, *Park Circle Counseling*

SARAH MOODY, GRADUATE INTERN, *Park Circle Counseling*

Obsessive Compulsive Disorder is simultaneously related to experiences we all have and yet an isolating and lonely condition that is frequently misunderstood and misdiagnosed. The implications of missing an OCD diagnosis can be serious, especially since the client is often afraid that they are beyond help. What's worse, our graduate programs did not prepare most of us to recognize or treat OCD and its many subtypes. Join us as we explore the ways OCD shows up in clients, the common fears, and why "I'm so OCD" is their least favorite thing to hear.

5:00

AN EVENING CULTURAL EXPERIENCE FEATURING AUTHOR MARGARET SEIDLER, AND ARTIST JOHN W. JONES



*Join us as we hear about their amazing collaboration!
This event will include a book signing and reception.*

**SUNDAY
FEBRUARY
23RD**

9:00 – 11:00

CLOSING SPEAKER

**Human Trafficking: There is No Such Thing
As a Child Prostitute**

SHANNON SCOTT, BSN, RN, SANE-A, SANE-P, FN-CSP.
*Forensic Nurse Examiner Program Coordinator
McLeod Regional Medical Center*



BECOME A MEMBER TODAY!

Membership Application

Please complete the following membership form, detach and mail with dues to:

MEMBERSHIP CHAIRPERSON, ACCMHS
P.O. BOX 1695 • COLUMBIA, SC 29202

Date _____ Membership expires _____

Name _____

Street _____

City _____ State _____ Zip _____

Tel. _____ Fax _____

Email _____

Company _____

All dues and contributions are tax deductible.

Professional disciplines:

Professional Organizations:

Identify Cross Cultural Issues of concern to you:

Are you willing to serve on an Action Council Committee?

How did you find out about Action Council?

Membership Fees

Dues	Type Membership	Check One
\$15	Senior Citizen (age 65+)	<input type="checkbox"/>
\$10	Student	<input type="checkbox"/>
\$20	Individual	<input type="checkbox"/>
\$50	Organization	<input type="checkbox"/>
\$35	Family (2 or more)	<input type="checkbox"/>
\$20	Board Member	<input type="checkbox"/>

Additional Name(s)

**Action Council For Cross Cultural
Mental Health and Human Services**

**P.O. Box 1695
Columbia, SC 29202**

THE ACTION COUNCIL FOR CROSS CULTURAL MENTAL HEALTH AND HUMAN SERVICES
2025 CONFERENCE REGISTRATION

CONFERENCE REFUND POLICY

Cancellation requests **MUST BE RECEIVED** by **MONDAY, February 10, 2025** to ensure a refund. An administrative fee of \$30.00 will be deducted from refunds. Substitutions are suggested instead of cancellations. ***There will be no refunds after the conference.***

We recommend that you register online at our website www.crossculturalactioncouncil.org.
<https://cvent.me/BqP0b1>

PLEASE NOTE TICKETS ARE NOT REQUIRED TO ATTEND THIS CONFERENCE.

Name _____ Phone _____ E-Mail _____
Home Address _____ City _____ State _____ Zip _____
Employer _____ Work Phone _____ State _____
Employer's Address _____ City _____ Zip _____
Last 4 Digits SS#: _____ Special Accommodations _____

Registration by February 7th: \$275 Full Conference (\$265 Action Council Members)
Registration After February 7th: \$300 • On Site Registration: \$350 • One Day Registration: \$150
Student Registration: \$100 Full Conference / \$40 One Day

Individuals making on-site payment by State Agency Voucher System must bring a copy of voucher signed by approving authority as proof of payment.

We strive to host inclusive, accessible events that enable all individuals, including individuals with disabilities to engage fully. To request reasonable accommodations, please contact Tracy Richardson, AC Board Secretary at tracy.richardson@scdmh.org. Requests for accommodations must be received before January 27, 2025
COVID Policy: Masks are recommended.

Please complete all sections of the conference registration form and send it, along with payment or voucher, to:

The Action Council
P. O. Box 1695 • Columbia, SC 29202
Email: crossculture.action@gmail.com (or) Fax: 1-866-591-1820
Make Payable to: The Action Council • Visit our website at: www.crossculturalactioncouncil.org

47th Annual **CROSS CULTURAL CONFERENCE**

THURSDAY, FEBRUARY 20, 2025 - SUNDAY, FEBRUARY 23, 2025

LOW COUNTRY CONFERENCE CENTER

406 Sigma Drive • Summerville, South Carolina 29483

Reservations: 843-823-1304 • Group code when calling: CCMH

www.lowcountryconferencecenter.com

ACTION COUNCIL
Post Office Box 1695
Columbia, South Carolina 29202

